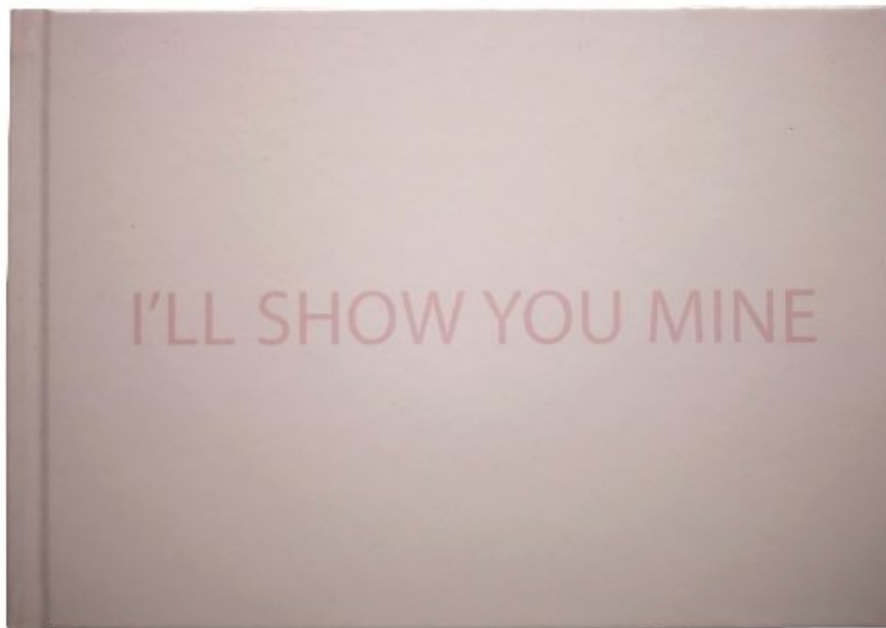


I'LL SHOW YOU MINE BY WRENNA ROBERTSON (EDITOR)



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Review

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About the Author

With the intent to educate and start conversations, Wrenna Robertson founded Show Off Books, Inc. to publish her first book, *I'll Show You Mine*. Released in 2011, *I'll Show You Mine* provides a unique and powerful tool to counter the disturbing trends and misinformation in our society surrounding artificial standards for normalcy and beauty in female genitalia.

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ABOUT THE PROJECT:

Women are now more concerned than ever about the appearance of their genitals. The convergence of the trend to remove pubic hair which leaves the vulva more visible and open to scrutiny, the normalization of oral sex, and the ubiquitous exposure to pornography and the unrealistic ideals it creates, have led an increasing number of women to feel serious anxiety about their own genitalia. Frequently this manifests as a lack of self-confidence or diminished body self-image; for an increasing number of women, the level of psychological distress is so severe that they undergo genital cosmetic surgery. Labiaplasty (reduction of the inner labia, most often for cosmetic purposes) is now the fastest growing type of cosmetic surgery and is in many ways following the same growth pattern and cultural acceptance as breast augmentation did in its early years.

While vulvas are more visible than ever, most women still have a strong sense of shame with regard to discussing or displaying their own, or looking at another's vulva. Pornography, whether online or in print, has come to serve as a very common tool by which women and men learn about sexual behavior and anatomy. Unfortunately, pornography depicts a severely limited scope of genital diversity. Analyses have found that there is a strong tendency to display genitals at the extreme end of the range of diversity: small, hairless and with little or no visible inner labia. This misrepresentation is dangerous as it conveys an artificial norm to which women often feel they need to conform.

There are very few resource tools available for women and men to gain a true appreciation of genital diversity. This skewed understanding leads many women to feel that they are alone and abnormal in their body and in their experience. The awareness of such procedures as labiaplasty can serve to further heighten women's belief that there is in fact a "normal", and that surgery is a suitable remedy for "abnormal" genitalia. This project stands in defiance of these societal constructions which serve to limit our growth, understanding and empowerment.

Visit our website to learn more or to join the conversation.

ABOUT THE BOOK:

I'll Show You Mine is a photo study of female genitalia and a window into women's experiences of their genitals. The book contains 120 photographs of 60 women, with all women photographed from the same two positions. Each woman was photographed in the same conditions and the photos are shown in the book in true-to-life size and color, as this is the best method to accurately display the diversity of female form. Accompanying each woman's photos is text written by the woman, detailing her challenges and/or successes as pertains to her relationship with her genitals. The photos in the book demonstrate and celebrate the

wonderful diversity of the vulva; the stories illuminate the range of experiences that women have relating to their genitals in a world where mass media and pornography increasingly set the standards for sexuality and the look of all body parts, even our genitals.

The book is printed in Canada and is made to the highest quality in all ways: it is 7" tall by 10" wide and opens in a landscape layout; the paper is matte 100 lb FSC-approved stock and the ink is soy based; the covers and spine are coated with a scuff-proof laminate that protects them from minor damage and all but eliminates fingerprints.

10% of the sales of the book is donated to women's charities, locally and internationally.

The book is available free of charge for educational use to women's, men's, teen and family resource centres; physician's offices; sexual health clinics; K-12 school counselors; college counseling and resource centres; and more. Visit our website for more information.

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Most helpful customer reviews

27 of 27 people found the following review helpful.

Gorgeous photo book with great stories

By Sarah B

I was lucky enough to get a copy of this book to offer my clients. I'll Show You Mine is a beautifully photographed book of vulvas accompanied by small, personal stories. I wish I would have had a book like this when I was younger as it offers a rare opportunity to see the female form without the context of pornography being attached. These are women from all over, giving you an authentic view of the awesomeness of the vulva! Some of the stories are heartbreaking, some frustrating, but all inspirational. I recommend this book for counselors, teachers, physicians and well, everyone else.

13 of 13 people found the following review helpful.

A Beautiful and Powerful Book

By Sabine

What a powerful and necessary book. I am a sexual health educator working with teens, and it is alarming how much misinformation young people (and old) have regarding genital diversity. This book blows those misconceptions away, displaying such a breadth of body types. I have seen the effect this book has on young women, and for that, I think it should be mandatory curriculum in health education classes. The short narratives written by each woman are similarly transformative, and there is such a range of experiences that most women will be able to relate to many of them, while gaining a deeper understanding of the experiences of other women, including two transgender women.

This is a new favorite book in my collection.

10 of 10 people found the following review helpful.

Hidden beauty

By wiredweird

This certainly isn't the first photo essay dedicated to vulvae in all their variety. No matter - each collection offers a different perspective. This presents each woman in frontal view, as you'd see her standing, then again in more open pose, revealing the inner detail. And, with each pair of pictures, there's a brief essay by the woman offering herself to the camera. The essays range widely in tone, some more mystical, some (to quote one contributor) "Feminist or Earth Mother Birthing Goddessy," many with darker back-stories of shame or abuse. As a male reader with warmest regard for the women who've been my friends and intimates, I was shocked (though maybe not surprised) at the number in that last category.

But, however much their thoughts interest me, the photos dominate this study. At the risk of sounding obvious, every woman is unique, in face, figure, and all her little details. Her vulva might display that uniqueness more than any other part of her. Although built to a common plan, as faces are, each one differs from every other far more than faces do. I don't mean just in the piercings and grooming variations, but in the natural sculpture of delicate tissue. Perhaps that individuality, each one being so distinctive, is part of why genitals are so often hidden - the commonplace parts of her are for everyday business, but her unique self is something to share only with her closest.

More the loveliness of each one, the timelessness impressed me, too. The front notes say that the volunteers range from nineteen to their sixties. For the life of me, I couldn't tell by looking. Maybe a more mature woman would be less likely to dye her pubic hair or to have piercings, but those are indirect clues only. Maybe "forever young" isn't the right term, or even respectful to fully mature women, but "forever charming" covers what matters.

-- wiredweird

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